UPTON

WHITE HORSE

COMMUNITY OWNED

BROADLAND PUB OF THE YEAR WINNERS 2025

BROADLAND PUB OF THE YEAR FINALISTS 2026

MENU

LIKE OUR PUB? LEAVE US A REVIEW

TRIPADVISOR

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FACEBOOK
The White Horse, Upton

INSTAGRAM
thewhitehorseupton

WWW.WHITEHORSEUPTON.COM

STARTERS

SOUP OF THE WEEK £7
Served with toasted bread & butter.

SALT & PEPPER SQUID £10
Served on wild leaf, dressed with rich sweet chilli sauce.

PORK BELLY & SCALLOPS (GF) £13
Served on wild leaf with vanilla & apple sauce.

GRILLED HALLOUMI (VE, GF) £8
Served with mediterranean veg, pickled red onion & a house harissa aioli.

DUCK BON BON £12
With sweet butternut squash puree and hoisin sauce.

PIZZAS

MARGHERITA £13
Buffalo mozzarella, parmesan & basil Oil.

HOT HONEY PEPPERONI £14
with rocket & mascarpone.

MUSHROOM & PEPPER £14
with olives, caramelised onions & rocket.

BBQ CHICKEN £14
with red onion & rocket.

SOUVLAKI SKEWERS

Hanging Grilled Souvlaki Skewers served on a Espetada stand. Served with warm pitta bread, homemade chips or rice, salad, & our house-made tzatziki & salsa.

CHICKEN
PRAWN
PORK
HALLOUMI **ALL £22**

SIZZLERS

ADD GUACAMOLE £1.5

Please ask for gluten free options.

CHICKEN / STEAK FAJITAS £18
Succulent chicken or steak, peppers & onions stir-fried in a fajita seasoning. Served with warm wraps, chips & dips.

VEGETABLE FAJITAS £16
Peppers, tomatoes, onions & courgettes stir-fried with fajita seasoning. Served with warm wraps, chips & dips. (V)

BEEF SZECHUAN £18
Mouth-watering steak, peppers, onions, mushrooms in a Szechuan sauce served with rice or chips.

BEEF / CHICKEN BLACK BEAN £18
Succulent steak or chicken, peppers, onions & mushrooms in a rich black bean sauce served with rice or chips. Vegetarian Option Available £16

LAMB CURRY £18
Lamb shoulder madras, in a rich tomato based sauce, slightly sweet, spiced with fenugreek, chilli, turmeric, cumin & coriander. With mango chutney, naan & rice or chips.

VEGETARIAN & VEGAN OPTIONS £16
Please ask your server for today's options

CIABATTAS

Available lunchtimes only. Served with salad garnish & crisps.

HOME BAKED HAM & CHEESE (GFO) £9
BACON, BRIE & CRANBERRY (GFO) £10
ROASTED MED VEG, CHEESE & SWEET CHILLI £10
TUNA MAYO & ONION (GFO) £9
CHICKEN AND BACON MAYO (GFO) £10

FOOD ALLERGIES & INTOLERANCES

ALL OF OUR FOOD IS PREPARED IN A KITCHEN WHERE NUTS, GLUTEN & OTHER ALLERGENS ARE PREPARED.OUR MENU DESCRIPTIONS DO NOT INCLUDE ALL INGREDIENTS. PLEASE ASK A MEMBER OF STAFF IF YOU REQUIRE ASSISTANCE & ALLERGEN ADVICE.

MAINS

BEEF STROGANOFF (GF) £18
Braised beef strips & chestnut mushrooms in a creamy mustard & crème fraiche sauce served with seasonal veg & a choice of buttered mash, chips or rice.

CHESTNUT MUSHROOM STROGANOFF £16 (V, GF)
Chestnut mushrooms in a creamy mustard & crème fraiche sauce served with seasonal veg & a choice of buttered mash, chips or rice.

MEDITERRANEAN VEG TART (VE) £16.5
Golden pastry case filled with a medley of Mediterranean vegetables. Served with salad, caramelized onions & a choice of chips or new potatoes.

BEETROOT & BUTTERNUT WELLINGTON (VE) £17
Roasted beetroot & butternut squash, mushrooms, onions & balsamic wrapped in a flaky pastry shell. With veg & mash, or chips & salad.

THE WHITE HORSE CHILLI (GF) £16.5
Rich, well seasoned South American Chilli. Served with rice, nachos & dips.

SPECIALS MENU ALSO AVAILABLE
ASK YOUR SERVER FOR TODAYS CHOICES

SIDES

CHIPS £4
CHEESY CHIPS £5
ONION RINGS £4
HALLOUMI FRIES (GFO) £6
CHEESY GARLIC BREAD (GFO) £5.50
GARLIC BREAD (GFO) £4
COLESLAW £4

PUB CLASSICS

HAM, EGG & CHIPS (GF) £15
Served with a salad garnish.

LIVER & BACON (GFO) £14
Served with seasonal veg & buttered mash.

BEEF LASAGNE £16.5
Served with garlic bread, salad, basil oil & parmesan.

WINKLE'S CATCH OF THE DAY (GFO) £17.5
Beer battered fish, served with peas, tartar, lemon & chips.

WHOLETAIL SCAMPI £16.5
Served with chips, peas & tartar sauce.

HUNTERS CHICKEN (GF) £16.5
Chicken breast topped with streaky bacon, melted cheese & covered in rich BBQ sauce. Served with chips & coleslaw & salad.

THE WHITE HORSE BURGER (GFO) £17
With cheese, bacon, caramelised onion, tomato, gherkin, leaves, garlic mayo, served with 'slaw & chips.

BUTTERMILK CHICKEN BURGER £17
Tossed in maple buffalo sauce, with mixed leaf. Served with 'slaw & chips.

PIE OF THE WEEK £18
Served with seasonal glazed veg & a rich bone & onion gravy, buttered mash or chips.

KIDS UNDER 14 ONLY ALL £7.5

All served with peas or baked beans

CHEESE BURGER & CHIPS (GFO)
CHICKEN GOUJONS & CHIPS
FISH & CHIPS (GFO)
MAC N CHEESE (V)
HALLOUMI FRIES (V) (GFO)

DESSERTS

WHITE CHOCOLATE & RASPBERRY BRULEE TART £7

CHEESECAKE £7

CHOCOLATE & CARAMEL TRILLIONAIRES TART (VE, GF) £7

LEMON MERINGUE PIE £7

CHOCOLATE BROWNIE (GF) £7

APPLE PIE £7

ALL DESSERTS ARE SERVED WITH A CHOICE OF CUSTARD, CREAM OR ICE CREAM.

ICE CREAM & SORBET £6
Vanilla, Strawberry, or Chocolate Ice creams.
Lemon, Mango, or Raspberry sorbets

HOT DRINKS

AMERICANO £3.25
LATTE £3.75
CAPPUCCINO £3.75
FLAT WHITE £3.75
HOT CHOCOLATE £4
LUXURY HOT CHOC £4.5
MOCHA £4.5
ESPRESSO £3
ICED LATTE £3.75
TRADITIONAL TEA £3.25
EARL GREY £3.75
FRUIT TEA £3.75
PEPPERMINT TEA £3.75