

UPTON WHITE HORSE

COMMUNITY OWNED - BROADLAND PUB OF THE YEAR 2025

STARTERS

SOUP OF THE WEEK £7
Served with toasted bread & butter.

SALT & PEPPER SQUID £10
Served on wild leaf, dressed with rich sweet chilli sauce.

WHITEBAIT (GF) £7
Served on wild leaf with tartar sauce & lemon wedge.

LEMON & PEA SMASH BITES (VE) £7
Lemon infused vegetable crumbed smashed pea bites served with wild leaf & a house lemon & mint aioli.

SPICED PANKO CHICKEN BITES (GFO) £10
Tossed in a sweet BBQ sauce served with blue cheese mayo.

MUSHROOM BRUSCHETTA (V) (GFO) £9
Creamy garlic mushrooms served on a toasted bruschetta with balsamic & herb dressing.

CHICKEN & SCOTCH WHISKY PÂTÉ (GFO) £7
Luxury chicken liver & highland whisky pate. Served with balsamic caramelised onions & toasted bruschetta.

BAKED CAMEMBERT (V) (GFO) £10
A whole camembert served with a caramelised onion chutney & oven baked ciabatta.

JACKET POTATOES ALL £10

Available lunchtimes only.

CHICKEN AND BACON MAYO
WHITE HORSE CHILLI
FIVE BEAN CHILLI (V)
MUSHROOM STROGANOFF (V)
TUNA MAYO
CHEESE & BEANS (V)

All served with salad garnish. (All GFO)

SIZZLERS

Please ask for gluten free options.

CHICKEN / STEAK FAJITAS £18
Succulent chicken or steak, peppers & onions stir-fried in a fajita seasoning. Served with warm wraps, chips & dips.

VEGETABLE FAJITAS £16
Peppers, tomatoes, onions & courgettes stir-fried with fajita seasoning. Served with warm wraps, chips & dips. (V)

BEEF SZECHUAN £18
Mouth-watering steak, peppers, onions, mushrooms in a Szechuan sauce served with rice or chips.

HOISIN DUCK £18
Delicious duck, peppers, onions & mushrooms in a glossy Hoisin sauce served with rice or chips.

SWEET & SOUR CHICKEN £18
Succulent chicken, peppers, onions, mushrooms in a sweet & sour sauce, with rice or chips.

VEGETARIAN & VEGAN OPTIONS (V) £16
Please ask your server for today's options

ADD
GUACAMOLE
£1.50

KIDS

UNDER 14 ONLY ALL £7

CHEESE BURGER (GFO)
CHICKEN GOUJONS
FISH & CHIPS (GFO)
TOMATO PASTA (V)
MAC N CHEESE BITES (V) (GF)

CIABATTAS

ALL £9

Available lunchtimes only.
Served with salad garnish & crisps.

HOME BAKED HAM & MUSTARD (GFO)
STEAK, SAUTÉED MUSHROOMS & ONIONS (GFO)
BACON, BRIE & CRANBERRY (GFO)
ROASTED MED VEG, CHEDDAR CHEESE & SWEET CHILLI (GFO/VEO)
TUNA MAYO (GFO)
CHICKEN AND BACON MAYO (GFO)

MAINS

THE WHITE HORSE CHILLI (GF) £16

Rich, well seasoned South American Chilli using prime steak mince. Served with white rice, nachos & dips.

FIVE BEAN CHILLI (GFO) (V) £16

A flavourful mix of kidney, black, pinto, cannelloni & borlotti beans, simmered in a rich tomato sauce with a herb & spice blend. Served with white rice, nachos & dips.

BEEF STROGANOFF (GF) £18

Braised beef strips & chestnut mushrooms in a creamy mustard & crème fraiche sauce served with seasonal veg & a choice of buttered mash, chips or rice.

CHESTNUT MUSHROOM STROGANOFF (V GF) £15

Chestnut mushrooms in a creamy mustard & crème fraiche sauce served with seasonal veg & a choice of buttered mash, chips or rice.

HUNTERS CHICKEN (GF) £16

Chicken breast topped with crispy streaky bacon, melted cheese & covered in rich BBQ sauce. Served with chips & a coleslaw tossed salad.

BEETROOT & BUTTERNUT WELLINGTON (VE) £15

Roasted beetroot & butternut squash, mushrooms, onions & balsamic wrapped in a beautiful flaky pastry shell. served with veg & mash, or chips & salad.

THAI FRITTER (VE) £16

Spicy oriental inspired vegan fritter with mixed vegetables, coriander, chilli, lemon grass & lime leaf. Coated in black onion & cumin seeds with crunchy red lentil crumb. Served with Chips & coleslaw tossed salad

PIE OF THE WEEK £18

Served with seasonal glazed veg & a rich bone & onion gravy, buttered mash or chips.

PUB CLASSICS

HAM, EGG & CHIPS (GF) £14

Served with a salad garnish.

LIVER & BACON (GFO) £14

Served with seasonal veg & buttered mash.

BEEF LASAGNE £16

Served with garlic bread & side salad.

THE WHITE HORSE COTTAGE PIE £16

Rich classic cottage pie filled with prime mince, peas, carrots & onions. Served with a fluffy mash potato topping, buttered seasonal vegetables and onion & bone gravy.

WINKLE'S CATCH OF THE DAY (GFO) £17

Served with peas, tartar, lemon & chips.

WHOLETAIL SCAMPI £15

Served with chips, peas & tartar sauce.

SPICED PANKO CHICKEN BURGER £17

With leaf, tomato & mayo served with 'slaw & chips.

HALLOUMI BURGER (V GFO) £16

With leaf, tomato, sweet chilli mayo, served with 'slaw & chips.

FISH BURGER (GFO) £17

With tartar, leaf, tomato, served with 'slaw & chips.

THE WHITE HORSE BURGER (GFO) £16

With cheese, bacon, caramelised onion, tomato, gherkin, leaves, garlic mayo, served with 'slaw & chips.

SIDES

CHIPS £4

CHEESY CHIPS £5

ONION RINGS £4

BREAD & OLIVES £6

HALLOUMI FRIES (GFO) £6

MAC & CHEESE BITES (GF) £6

CHEESY GARLIC BREAD (GFO) £5.50

GARLIC BREAD (GFO) £4

COLESLAW (VE) £4

FOOD ALLERGIES & INTOLERANCES

ALL OF OUR FOOD IS PREPARED IN A KITCHEN WHERE NUTS, GLUTEN & OTHER ALLERGENS ARE PREPARED.
OUR MENU DESCRIPTIONS DO NOT INCLUDE ALL INGREDIENTS. PLEASE ASK A MEMBER OF STAFF IF YOU
REQUIRE ASSISTANCE & ALLERGEN ADVICE.

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WWW.WHITEHORSEUPTON.COM

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