

SUNDAY @ THE WHITE HORSE UPTON

COMMUNITY OWNED - BROADLAND PUB OF THE YEAR 2025

STARTERS

SALT & PEPPER SQUID £10

Served on wild leaf, dressed with rich sweet chilli sauce.

WHITEBAIT £7

Served on wild leaf with tartar sauce & lemon wedge.

GRILLED HALLOUMI (V) (GF) £8

Grilled Halloumi served with wild leaf, pickled red onions & a house harissa aioli.

SPICED PANKO CHICKEN BITES (GFO) £10

Tossed in sweet BBQ sauce served on a bed of leaf.

GRILLED WATERMELON, FETA & ROCKET SALAD (GF)(VEO) £9

Watermelon, wild rocket & crumbly feta cheese, served with a balsamic glaze.

SALADS

CHICKEN & BACON (GF) £16

LOCAL CRAB & SAMPHIRE £18

WATERMELON & FETA SALAD (VE,GF) £16

HALLOUMI (GF) (V) £16

ROASTS

ALL £18

28 DAY AGED BEEF (GFO)

NORFOLK TURKEY (GFO)

GUEST ROAST (ASK SERVER)

All served with a homemade Yorkshire pudding, herb roasted potatoes, seasonal mixed vegetables, sweet red cabbage, root vegetable puree & homemade pork stuffing with gravy.

BEETROOT & BUTTERNUT SQUASH WELLINGTON (VE)

NUT ROAST VE

Served with herb roasted potatoes, mixed green vegetables & vegetarian gravy.

Add cauliflower cheese - £4

Add pigs in blankets - £3

PUB CLASSICS

HUNTERS CHICKEN (GF) £16.5

Chicken breast topped with crispy streaky bacon, cheese, rich BBQ sauce. Served with chips, coleslaw & salad.

WINKLE'S CATCH OF THE DAY (GFO) £17.5

Served with peas, tartar, lemon & chips.

THE WHITE HORSE BURGER (GFO) £17

With cheese, bacon, caramelised onion, tomato, gherkin, leaves, garlic mayo, served with 'slaw & chips.

BEEF LASAGNE £16.5

Served with garlic bread, salad, basil oil & parmesan.

WHOLETAIL SCAMPI £16.5

Served with chips, peas & tartar sauce.

THE WHITE HORSE CHILLI (GF) £16.5

Served with rice, nachos & dips.

BEEF STROGANOFF (GF) £18

Braised beef strips & chestnut mushrooms in a creamy mustard & crème fraiche sauce served with seasonal veg & a choice of buttered mash, chips or rice.

CHESTNUT MUSHROOM STROGANOFF (V GF) £16

Chestnut mushrooms in a creamy mustard & crème fraiche sauce served with seasonal veg & a choice of buttered mash, chips or rice.

SIDES

CHIPS £4

CHEESY CHIPS £5

ONION RINGS £4

COLESLAW £4

HALLOUMI FRIES (GFO) £6

CHEESY GARLIC BREAD (GFO) £5.50

GARLIC BREAD (GFO) £4

KIDS UNDER 14 ONLY ALL £7.5

ANY ROAST (GFO)

CHEESE BURGER (GFO)

CHICKEN GOJONS

FISH & CHIPS (GFO)

MAC & CHEESE (V)

HALLOUMI FRIES (V) (GFO)

FOOD ALLERGIES & INTOLERANCES

ALL OF OUR FOOD IS PREPARED IN A KITCHEN WHERE NUTS, GLUTEN & OTHER ALLERGENS ARE PREPARED. OUR MENU DESCRIPTIONS DO NOT INCLUDE ALL INGREDIENTS. PLEASE ASK A MEMBER OF STAFF IF YOU REQUIRE ASSISTANCE & ALLERGEN ADVICE.