



WHITE HORSE UPTON

MENU

PROUD TO BE A
COMMUNITY
PUB
SINCE 2012

LUNCH 12-3

Grilled Bloomer or Ciabatta Sandwiches £8.95

All served with salad garnish & crisps

Tandoori chicken with roasted red peppers, leaves and mint raita

Grilled steak, sauted mushrooms and onions

Prawns in marie rose and leaves.

Bacon, brie and caramelised onion

Roasted med veg, sundried tomato and cheddar cheese GFO/VEO

Salads

All served with sliced bloomer bread and butter

Fresh crab salad £15.95

Prawns in marie rose sauce £12.95

Tandoori chicken with roasted red peppers £12.95

Roasted med veg, sundried tomato and cheddar cheese GFO/VEO £12.95

SIDES

Homemade coleslaw

Onion rings

Cheesey garlic bread

Chips

Cheesey chips

All £3.95

STARTERS

Tempura King Prawns with mango salsa and sweet chilli mayo £9.95

Goats Cheese Mousse with beetroot carpaccio, rocket and roasted walnuts GFO/V £8.95

Spicy Lamb koftas with mint yoghurt, and tomato concasse GFO £9.95

Sweet Chilli Chicken wings with blue cheese dressing £8.95

CHEF'S SPECIALS

Pork Saltimbocca

Served with a sage and butternut squash risotto, mushroom sauce and seasonal green veg £21.95

Roasted Duck Breast

Served with gratin potato, seasonal veg, spicy beetroot puree and black cherry sauce GFO £23.95

Pan Fried Skate

Served with sauteed new potatoes, seasonal veg, caper and crayfish lemon butter GFO £23.95

Pan Fried Hake

Served with sauteed new potatoes and chorizo, samphire and garlic butter sauce GFO £23.95

Ribeye Steak

Served with triple cooked chips, grilled tenderstem broccoli and asparagus, chimmi churri sauce, rocket and parmesan GFO £24.95

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17 Chapel Road, Upton, NR13 6BT



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WHITE HORSE UPTON

PUB CLASSICS

Ham, Egg & Chips

White Horse Home cooked honey baked ham, fried eggs, triple cooked chips and salad garnish
£13.95

Winkle's catch of the day

Beer battered fresh fish with triple cooked chips, peas and homemade tartare sauce
GFO
£16.95

Steak & Ale pie

Homemade traditional pie with mashed potato, seasonal vegetable and gravy
£17.95

Beef Lasagne

Homemade beef lasagne served with garlic bread and mixed leaf
£15.95

Linguine

In a spicy tomato sauce, served with roasted Mediterranean vegetables, sundried tomatoes, basil oil and garlic bread V/VE
£15.95

Add king prawns £3.99

Scampi

Wholetail scampi, served with triple cooked chips, peas and homemade tartare sauce
£14.95

Liver & Bacon

Pan fried liver with butchers bacon, served with mashed potatoes, seasonal vegetables and caramelised onion gravy
£13.95

Sausage & Mash

Butchers pork sausages, served with mashed potatoes, caramelised onion gravy and seasonal vegetables VO
£16.95

BURGERS

All served with triple cooked chips and homemade coleslaw

White Horse Burger

With cheese, bacon, caramelised onion, tomato, gherkin, leaves and garlic mayo
GFO
£16.95

Tandoori Chicken

Tandoori chicken thigh burger with mango chutney, cucumber raita, crispy fried onions and leaves
£16.95

Fish Burger

Beer battered fresh fish, with tartare sauce, tomato and leaves GFO
£16.95

Halloumi Burger

Grilled halloumi with tomato, sweet chilli mayo, tomato and leaves GFO/V
£16.95

CHILDRENS

All £5.95

Cheese Burger

Chicken Goujons

Fish & Chips

Sausage & Mash

All above served with triple cooked chips and a choice of peas or beans

Pasta

In a tomato sauce, served with garlic bread.

FOOD ALLERGIES & INTOLERANCES

All of our food is prepared in a kitchen where nuts, gluten & other allergens are prepared.
Our menu descriptions do not include all ingredients. Please ask a member of staff if you require assistance & allergen advice.



WHITE HORSE UPTON

SUNDAY MENU

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STARTERS

Tempura King Prawns

With mango salsa and sweet chilli mayo £9.95

Goats Cheese Mousse

With beetroot carpaccio, rocket and roasted walnuts GFO/V £8.95

Spicy Lamb koftas

With mint yoghurt, and tomato concasse GFO £9.95

Sweet Chilli Chicken Wings

With blue cheese dressing £8.95

PUB CLASSICS

Winkle's catch of the day

Beer battered fresh fish with triple cooked chips, peas and homemade tartare sauce GFO £16.95

White Horse Burger

With cheese, bacon, caramelised onion, tomato, gherkin, leaves and garlic mayo GFO £16.95

Lasagne

Homemade beef lasagne served with garlic bread and mixed leaf £15.95

Crab Salad

Fresh Crab, with mixed salad. Served with sliced bloomer bread & butter £15.95

Linguine

In a spicy tomato sauce, served with roasted Mediterranean vegetables, sundried tomatoes, basil oil and garlic bread V/VE £15.95

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ROASTS

28 day aged Beef

Gammon

Norfolk Turkey

Roasted Halloumi with Tomato Sauce V

Nut Roast VE

All served with homemade Yorkshire pudding, herb roast potatoes, seasonal mixed green vegetables, spiced red cabbage, root vegetable puree and homemade pork stuffing with gravy. (except halloumi & nut roast, which are served with herb roast Potatoes, mixed green vegetables & gravy)

Add cauliflower cheese - 3.95

Add Pigs in blankets - 1.95

May be subject to change, a member of staff will notify you if necessary.

All £16.95

CHILDRENS

Cheese Burger

Chicken Goujons

Fish & Chips

Sausage & Mash

All above served with triple cooked chips and a choice of peas or beans

Pasta

In a tomato sauce, served with garlic bread All £5.95

Mini Roast

Any roast, served with all the trimmings £6.95

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